

October 2019

Kiawanda Community Center Kiawanda Kapers



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Roktoberfest OUR 4TH OKTOBERFEST EVENT

10/5/19 * 12 — 6 PM

Food • Entertainment
Beer Garden • Wine



Roktoberfest
12 — 6 PM
\$20 Entry Fee

- ✓ Includes Coupon for \$5 off entry fee to live music starting at 7 p.m.
- ✓ Roktoberfest Pint Glass
- ✓ 4 Taster Tickets
- ✓ 2 Raffle Tickets
- ✓ *Additional Taster/Raffle Tickets Available*

Live Music featuring
"The Avett Others"

7—9 PM

\$15 Entry Fee

(\$10 with \$5 Roktoberfest Coupon)

- ✓ \$5 Entry fee for anyone 21 or older that will not be drinking.

Free Entry for everyone under 21.

If you don't drink beer or wine, please come enjoy the event with family and friends.

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What's New?

Kiawanda Artists



Get your authentic German beer mug here just in time for Oktoberfest! Come into the Center and check them out!

For more information about selling your own items or artwork at the gift shop, contact Julie Krohn at 503-965-7900.



We are looking for corn stalks and pumpkins for our Oktoberfest event on October 5th.

If anyone has access to either of these items, please contact Jody Ferguson, Volunteer Coordinator. These items would be very much appreciated. Thank you. ~ Jody



Children's Halloween Party
OCTOBER 31st
5-7 PM

The Kiawanda Community Center would like to invite you and your family to our Annual Children's Halloween Party.

Cake Walk • Go Fish • Bingo • Costume Contest • Cool Prizes • And Much More

Please bring a "non-Perishable" food donation for "Good Neighbors".

We look forward to seeing you here!



MISSION STATEMENT

The mission of the Kiawanda Community Center is to create a safe and welcoming environment that embraces the local heritage by promoting community participation, through inter-generational activities and culturally diverse programs that enrich the lives and values of the citizens and visitors of South Tillamook County.



Celebrate

COMMUNITY
 by Diana Sears

We live in a vibrant community! The next three months, through winter solstice and the new year, are crammed with activity and celebration and community support.

Gardeners bring their surplus harvest to KCC for visitors to help themselves to a variety of fruits and vegetables; the Backpack program volunteers are gearing up to provide food for our school children in need to take home every weekend; the Food Bank Sites in Pacific City, Hebo and Beaver are manned bi-monthly with volunteers ready and able to help people throughout South Tillamook County.

Student needs for clothing and supplies as well as emergency needs are met by support from Nesko Club, Lions Club, and Good Neighbor donations. Watch for the opportunity to help these organizations with their Christmas baskets.

South Tillamook Library is open six days a week. Borrow books. Contact friends and do research on one of the computers or sit in a comfortable chair and read a newspaper or magazine. And bring your children along.

At KCC welcoming volunteers provide information to travelers and visitors. You may use the wi-fi connection, eat at the noon meal site or join exercise, art and stitchers' groups.

Join any or all and celebrate our community! ~ *Diana*



Kiawanda Kapers

Walking Wonders!

The Walking Wonders, an unofficial group of the Kiawanda Community Center, invites you to come walk with them. Walking is one of the easiest ways for us to stay healthy and it does wonders for our bodies. Walking helps lower our blood pressure, cholesterol, sugar levels and our stress levels. It helps us gain or maintain a healthy weight. It strengthens our bones and muscles, improves our mood and improves our balance and coordination. Walking Wonders meet in the Community Center parking lot three times a week:

**Monday, Wednesday and Friday
 10 A.M.**

We generally walk about two miles,
 All for a good cause!!

but some days go a bit farther and some members always go a bit less. All ages and fitness levels are welcome to join the group. Some folks walk fast and some walk more slowly. There are no dues or fees, but occasionally there are some prizes. It doesn't take any special equipment, just a sturdy pair of comfortable shoes. In general, we walk rain or shine. If you have any questions about the group, please contact:

Kathy Starostka
 Group Coordinator
 503-801-7448

Intuitive Painting Anyone?

If you think you might be
 interested in
 "intuitive painting"
 contact:

Sharon Dvora
 541-482-6396



Congratulations!
 Volunteer of the
 Month
Peggy Benson

We are so fortunate to have Peggy Benson as one of our awesome volunteers. She has been with us since 2015 when she started in the Easter Seals Senior Work Program and continues to volunteer for KCC.

At our previous Volunteer Meeting last month, one of the topics discussed was "teamwork". Peggy is truly a team player.

This last month she helped a fellow volunteer whose car broke down in the parking lot and drove them home three times; and without any hesitation, she jumped in and filled in for another volunteer whose grandmother got sick.

In addition to volunteering and helping others, she is also heading up our Christmas Bazaar this year

Peggy always has a smile on her face and willing heart and we appreciate her so much. That is why she is our Volunteer of the Month. Thank you Peggy for all you do for the Center and the community.

~ *Jody Ferguson, Volunteer Coordinator*



Staff & Volunteers

South County Food Pantries

Nestucca Valley Presbyterian Church



**35305 Brooten
 Pacific City
 OCT 8th & 22nd
 4—6 p.m.
 Dianne Higdon
 503-392-3972**

Beaver Community Church

**24425 Bunn Creek Rd Beaver
 TUE 10 a.m.—Noon
 THUR 4:30—6 p.m.
 503-398-2803**

Kiawanda Kapers



It's Breakfast & Bingo Nite 10-10-19

Biscuits (2) • Sausage Gravy
Scrambled Eggs • Orange Juice

(2nd Thursday this month!)

\$6 per person or two for \$10

Come on down and have breakfast for dinner! All for a good cause!

PLEASE RSVP!

Welcome Desk • 503-965-7900 or
Trinia at trinia6h@gmail.com or
509-302-9612

Kiawanda Community Center

Donations Now Being Accepted in Pacific City

- Clothing
- Small household items
 - Microwaves
 - Televisions, etc.
 - Linens
 - Sleeping bags
 - Toiletries

To donate, please contact

Monica Collett
(H) 503-483-1119
C) 503-801-6854

E-mail:

watercowgirl2003@yahoo.com



Oct 1 - Teens: Duct Tape Crafts @ 5pm

Oct 2 - After School Kids: LEGOs @ 4pm

Oct 2 - Woven Wednesday @ 6pm

Oct 5 - Mother Goose on the Loose: Baby & Toddler Storytime @ 10am

Oct 9 - After School Kids: (Movie) Nancy Drew and the Hidden Staircase @ 4pm

Oct 9 - Woven Wednesday @ 6pm

Oct 12 - Mother Goose on the Loose: Baby & Toddler Storytime @ 10am

Oct 16 - After School Kids: Spooky Stories Storytime @ 4pm

Oct 16 - Woven Wednesday @ 6pm

Oct 19 - Mother Goose on the Loose: Baby & Toddler Storytime @ 10am

Oct 23 - After School Kids: (Movie) Hocus Pocus @ 4pm

Oct 23 - Woven Wednesday @ 6pm

Oct 26 - Mother Goose on the Loose: Baby & Toddler Storytime @ 10am

Oct 30 - After School Kids: Mason Jar Lantern Craft @ 4pm

Oct 30 - Woven Wednesday @ 6pm

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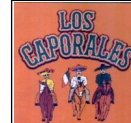
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Kiawanda Kapers

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Jim Dieringer stjosephcloverdale@gmail.com

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Fellowship—11 a.m.

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info@winemachurch.net
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Kyle French

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Kapers Calendar - October '19

Activities / Events



SUN	MON	TUES	WED	THURS	FRI	SAT
		1 8:30—10 AM FIT 'N FABULOUS 9 AM—4 PM STITCHERS (GH) 10 AM—12 PM TAI CHI CLASSES 12 NOON PCNV CHAMBER (FJH) 4:30 PM TOPS MTG	2 10 AM WS TECH TEAM (FJH) 10 AM AM WALKING GROUP 4:30—5:30 PM YOGA	3 10 AM—12 PM TAI CHI CLASSES 1—3 PM PAINT GROUP (HR) 6—9 PM BINGO	4 9:30—10:30 AM YOGA 10 AM WALKING GROUP	5 ROKTOBERFEST 12—6 PM THE AVETT OTHERS BAND 7—9 PM
6	7 10 AM WALKING GROUP 1—2 PM NESKO BRD MTG (HR) 4:30—5:30 PM YOGA	8 8:30—10 AM FIT 'N FABULOUS 9 AM—4 PM STITCHERS (GH) 10 AM—12 PM TAI CHI CLASSES	9 10 AM WALKING GROUP 4 PM NVA BRD MTG (HR) 4:30—5:30 PM YOGA	10 10 AM—12 PM TAI CHI CLASSES 1—3 PM PAINT GROUP (HR) 5—9 PM BINGO MEAL (BREAKFAST FOR DINNER) (New day this month)	11 9:30—10:30 AM YOGA 10 AM WALKING GROUP	12 PRIVATE YOGA RETREAT
13 PRIVATE YOGA RETREAT	14 10 AM WALKING GROUP 4—11 PM STITCHERS UFO (GH) 4:30 PM TOPS MTG 4:30—5:30 PM YOGA FABRIC SALE	15 8:30—10 AM FIT 'N FABULOUS 9 AM—4 PM STITCHERS (GH) 10 AM—12 PM TAI CHI CLASSES 3:30—8:30 PM TPUD MTG (FJH) 6—8 PM WS BOARD MTG (HR) FABRIC SALE	16 10 AM WALKING GROUP 4 PM NVA 4:30—5:30 PM YOGA 6—9 PM PC WOODS PARKING PLAN	17 10 AM—12 PM TAI CHI CLASSES 1—3 PM PAINT GROUP (HR) 4:40 PM KCC BOARD MTG (FJH) 6—9 PM BINGO	18 9:30—10:30 AM YOGA 10 AM WALKING GROUP 11 AM—2 PM NESKO MTG	19 9 AM—5 PM "A QUILT EXPLOSION" 1ST ANNUAL QUILT SALE (FJH)
20	21 10 AM WALKING GROUP 4:30 PM TOPS MTG 4:30—5:30 PM YOGA	22 8:30—10 AM FIT 'N FABULOUS 9 AM—4 PM STITCHERS (GH) 10 AM—12 PM TAI CHI CLASSES	23 10 AM WALKING GROUP 4:30—5:30 PM YOGA:	24 10 AM—12 PM TAI CHI CLASSES 1—3 PM PAINT GROUP (HR) 6—9 PM BINGO 8:30 AM—12:30 PM OREGON PARK AND REC MTG BINGO DINNER MOVED TEMPORARILY TO 2nd THURS THIS MONTH!	25 9:30—10:30 AM YOGA 10 AM WALKING GROUP	26
27	28 10 AM WALKING GROUP 1 PM <u>VOLUNTEER MEETING</u> 4:30 PM TOPS MTG 4:30—5:30 PM YOGA:	29 8:30—10 AM FIT 'N FABULOUS 9 AM—4 PM STITCHERS (GH) 10 AM—12 PM TAI CHI CLASSES	30 10 AM WALKING GROUP 4:30—5:30 PM YOGA	31 8:30—10 AM FIT 'N FABULOUS 10 AM—12 PM TAI CHI CLASSES 1—3 PM PAINT GROUP (HR) 5—7 PM HALLOWEEN PARTY		




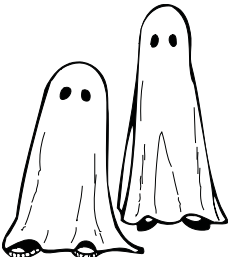
Debra Knopf—Executive Director Sue Nelson—Meal Site Coordinator Shirley Haley—Volunteer Kiawanda Kapers Editor

HOURS OF OPERATION: MONDAY—FRIDAY 9 AM TO 4:30 PM • SATURDAY 1 PM TO 4:30 PM (Unless otherwise noted)

GH = GREAT HALL — FJH = FAYE JENSEN HALL — HR = HOBBY ROOM — FR = FIRESIDE ROOM — GRP = FREE GROUP ACTIVITY

TUESDAY

THURSDAY

<p>NWSDS CLATSOP & TILLAMOOK COUNTIES OCTOBER 2019</p>	<p>Garlic Chicken Breast Chantilly Potatoes Italian Blend Vegetables Whole Wheat Roll Chocolate Pudding</p> <p style="text-align: right;">1</p>		<p>Chicken Salad Sandwich Half on Wheat Bread Corn Chowder Confetti Coleslaw Golden Fruit Cup</p> <p style="text-align: right;">3</p>	
	<p>Braised Beef Tips w/Gravy Whipped Potatoes Country Trio Vegetables Sunflower Seed Roll Gelatin Jewels</p> <p style="text-align: right;">8</p>	 <p style="text-align: center;">BOSS' DAY WEDNESDAY, OCT. 16</p>	<p>Hot Dog on a Bun Potato Salad Baked Beans Ice Cream Cup</p> <p style="text-align: right;">10</p>	
 <p>COLUMBUS DAY MONDAY, OCT. 14</p>	<p>Chicken w/Paprika Cream Sauce Whipped Potatoes Herbed Carrots Cracked Wheat Roll Chocolate Pudding</p> <p style="text-align: right;">15</p>			<p>Chef Salad over Spinach Romaine Pinto Bean Soup Whole Wheat Roll Gelatin Jewels w/Whip Top</p> <p style="text-align: right;">17</p>
	<p>Chicken Rice Bake Scandinavian Blend Vegt Spinach Romaine Salad Onion Roll Zucchini Brownie</p> <p style="text-align: right;">22</p>		<p>Birthday Special Shaved Ham Sndwch Half on Wheat Bread Navy Bean Soup Apple Cranberry Coleslaw Birthday Cake</p> <p style="text-align: right;">24</p>	
	<p>Turkey Tetrizzini Romaine Iceberg Salad Broccoli French Roll Sugar Cookie</p> <p style="text-align: right;">29</p>			<p>Herbed Chicken Patty Sandwich on a Bun Potato Chowder Marinated Corn Salad Red Devil Beet Cake</p> <p style="text-align: right;">31</p>